

The 50 Worst Comedogenic Ingredients in Makeup

Rated 3-5 on the comedogenic scale. If you're acne-prone, watch for these on the label.

RATING 5 -- Highest Risk (20 ingredients)

#	Ingredient	Category	Also Irritant?
1	Algae Extract	active	No
2	Algin	thickener	No
3	Ascophyllum Nodosum Extract	active	No
4	Carrageenan	thickener	No
5	Dunaliella Salina Algae Extract	active	No
6	Ethylhexyl Stearate	ester	No
7	Flaxseed Oil	oil	No
8	Isocetyl Stearate	ester	Low
9	Isopropyl Isostearate	ester	No
10	Isopropyl Linolate	ester	No
11	Isopropyl Myristate	ester	HIGH (3/5)
12	Laureth-4	surfactant	HIGH (4/5)
13	Linseed Oil	oil	No
14	Myreth-3 Myristate	surfactant	HIGH (3/5)
15	Myristyl Myristate	ester	No
16	Octyl Stearate	ester	No
17	Oleth-3	surfactant	Low
18	Sodium Lauryl Sulfate	surfactant	HIGHEST (5/5)
19	Soybean Oil	oil	No
20	Wheat Germ Oil	oil	No

RATING 4 -- High Risk (30 ingredients)

#	Ingredient	Category	Also Irritant?
21	Acetylated Lanolin	ester	Moderate
22	Acetylated Lanolin Alcohol	fatty alcohol	Moderate
23	Ammonium Lauryl Sulfate	surfactant	HIGH (3/5)
24	Ceteth-2	surfactant	No
25	Chaulmoogra Oil	oil	No
26	Cocoa Butter	butter	No
27	Coconut Butter	butter	No
28	Coconut Oil	oil	No
29	D&C Red #10	colorant	No
30	D&C Red #17	colorant	No
31	D&C Red #19	colorant	No
32	D&C Red #2	colorant	No
33	D&C Red #3	colorant	No
34	D&C Red #36	colorant	No
35	D&C Red #4	colorant	No
36	D&C Red #40	colorant	No
37	D&C Red #7	colorant	No
38	Decyl Oleate	ester	No
39	Ethylhexyl Palmitate	ester	No
40	Glyceryl-3-Diisostearate	ester	Low
41	Isocetyl Alcohol	fatty alcohol	No
42	Isodecyl Oleate	ester	No
43	Isopropyl Lanolate	ester	Low
44	Isopropyl Palmitate	ester	Moderate
45	Isostearyl Isostearate	ester	No
46	Lauric Acid	fatty acid	Low
47	Lauryl Lactate	ester	Moderate
48	Marula Oil	oil	No
49	Myristyl Lactate	ester	Moderate
50	Octyl Palmitate	ester	No

How to Read a Label

- Ingredients are listed by concentration (most to least).
- A comedogenic ingredient at position #3 is worse than one at position #15.
- TruHue's scanner weights by position automatically.
- "Non-comedogenic" on the front label is unregulated -- always check the ingredient list.

14 Brands That Passed

✓ Almay	✓ Pacifica
✓ bareMinerals	✓ Physicians Formula
✓ Honest Beauty	✓ Pure Anada
✓ ILIA	✓ Rhode
✓ Kosas	✓ RMS Beauty
✓ LYS Beauty	✓ Saie
✓ Merit	✓ Tower 28

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